



SKIN CARE SPECIALISTS, BEAUTY &
COMPLEMENTARY THERAPIES

01404 44333 | www.bodytherapyhoniton.co.uk



Massage

PAMPER · UNWIND · REJUVENATE

INDIAN HEAD MASSAGE (45 mins) £26.00

An holistic, relaxing massage performed seated or lying down, concentrating on the shoulders, neck, head and face.

PRESSURE POINT MASSAGE (30 mins) £21.50

A relaxing & distressing massage working on the face, head, neck & shoulders, aiding in tension & headache relief.

BACK, NECK & SHOULDER MASSAGE (30 mins) £22.50

A relaxing Swedish massage which aids in tension and stress relief.

FULL SWEDISH BODY MASSAGE (60 mins) £33.00

A top to toe relaxing massage which aids in tension and stress relief and the breakdown of Lactic acid.

DEEP TISSUE MASSAGE (30 mins) £26.00

A massage designed to break down lactic acid deep within the muscles

AROMATHERAPY (60 mins) £35.00

A massage with the use of essential oils which are blended to suit the client, creating a sense of well being, consultation included.

HOT STONE MASSAGE

An ancient treatment that uses a blend of essential oils and heated basalt stones to massage the body and aid in psychological & physical relaxation.

Back, neck & shoulder (30 mins) £30.00

Full body hot stone (60 mins) £42.00

G5 DEEP TISSUE MECHANICAL MASSAGE

A deep tissue massage which aids in the removal of lactic acid, cellulite and strengthens muscle tone.

Back, neck & shoulder (30 mins) £26.00

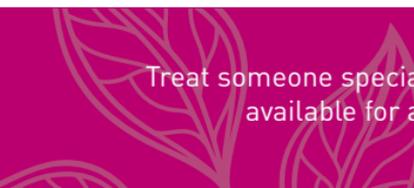
Full body (60 mins) £36.00

LYMPHATIC DRAINAGE MASSAGE (60 mins) £32.00

A light massage designed to stimulate the lymphatic system and reduce water retention.

PREGNANCY MASSAGE (30 mins) £26.00

A tailored massage suited to each individual aiding in reduction of water retention, destress muscles, stimulate pressure points for birth.



Treat someone special with a body therapy GIFT VOUCHER,
available for any treatment from our range.

Body Treatments

PAMPER UNWIND REJUVENATE

DERMALOGICA'S FULL BODY EXFOLIATION (30 mins) £21.00

Body brush, deep exfoliation, tone and moisturize
Perfect prior to a spray tan.

DERMALOGICA'S ENZYMATIC SEA MUD WRAP (45-60 mins) £33.00

Detoxifies and nourishes your body with a mix of purified seaweed and mineral mask which leaves the skin smooth and supple.

DERMALOGICA'S HYDROTHERAPY WRAP (45-60 mins) £33.00

An ultra hydrating and soothing wrap designed to boost skins moisture levels.

DERMALOGICA'S PRESCRIPTION BODY WRAP (45-60 mins) £33.00

A body wrap designed to your skin type and condition.
A 'facial for the body'.

DERMALOGICA'S SPA THERAPY WRAP (75 mins) £45.00

A complete 'body wellness' treatment aiding in stress and tension relief and restoring health and well-being, using lymphatic drainage techniques to detoxify the body and ease muscle pain.

SPRAY TANNING

FULL BODY one application (30 mins) £21.00

A natural looking tan with no UV rays.

FULL BODY two applications (30 mins) £31.00

Second application must be taken within a week of first.

JUST THE LEGS (15 mins) £12.00

BODY BUFF & TANNING (45 mins) £38.00

Full body brush, deep exfoliation, tone, moisturize and one spray tan application.

FREE CONSULTATION on all our beauty treatments.

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Nail Treatments

FILE AND POLISH (20 mins) £10.00

MINI MANICURE/PEDICURE (30 mins) £14.00

Nail file, cuticle tidy and colour polish of your choice.

MANICURE - FULL CUTICLE WORK (45 mins) £20.00

Nail file, cuticle work. Buff or polish of your choice. Includes a relaxing hand and arm massage.

FRENCH MANICURE/PEDICUREE (45 mins) £21.00

A manicure, but with a natural French polish finish.

LUXURY PARAFFIN WAX MANICURE (60 mins) £26.00

A manicure but with use of hot wax to leave the hands and nails soft and smooth. This treatment is particularly good for those with poor circulation, joint problems, arthritic conditions or brittle nails.

MALE MANICURE (30 mins) £13.00

Nail file, cuticle work and nail buff. Includes a hand and arm massage

PEDICURE (45 mins) £22.00

Nail file, cuticle work, buff or polish of your choice. Includes a foot and leg massage and hard skin removal.

LUXURY PARAFFIN WAX PEDICURE (60 mins) £27.00

As a luxury paraffin wax manicure, to include a foot and leg massage and hard skin removal.

ORLY GEL FX MANICURE (45 mins) £24.00

An everlasting lacquer, lasts up to 2 weeks.

ORLY GEL FX PEDICURE (45 mins) £25.50

ORLY GEL FX FILE & POLISH (30 mins) £16.50

ORLY GEL FX SOAK OFF & REDO FINGERS (1hr) £26.00

ORLY GEL FX SOAK OFF & REDO TOES (1hr) £27.00

ORLY GEL FX REMOVAL ONLY (20 mins) £10.00

IBX NATURAL NAIL STRENGTHENING SYSTEM (30 mins) £15.00

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Waxing,
Eyebrows
& Lashes

PAMPER UNWIND REJUVENATE

Waxing

Waxing. An efficient way of removing unwanted hair using a warm, cream wax (times may vary to suit clients needs. Threading available for facial hair).

Eyebrow Shape	£8.00
Lip	£7.50
Chin	£7.50
Lip & Chin	£11.50
Underarm	£8.50
Forearm	£12.50
Bikini	£10.00
Extended Bikini	£13.00
Brazilian	£18.00
Hollywood	£20.00
Half Leg	£14.50
Full Leg	£21.00
Half Leg & Bikini	£22.00
Full Leg & Bikini	£27.00
Chest	£12.00
Full Back (including Shoulders)	£16.50

TINTING/LASH TREATMENTS

For first treatments a patch test is required 24 hours prior to any tinting/perming (times may vary to suit clients needs).

Eyebrow Shape	£8.00
Eyebrow Tint	£7.50
Eyebrow Tint & Shape	£12.00
Eyelash Tint	£11.50
Eyelash Tint & Eyebrow Shape	£16.50
Eyelash Tint & Eyebrow Tint	£17.00
Eyelash Tint, Eyebrow Tint & Shape	£22.00
Lash lift	£32.00
Lash lift and tint	£39.00
Lash Perfect, Eyelash Extensions	£37.00

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Facials & non surgical facial

PAMPER UNWIND REJUVENATE

Each Dermalogica facial starts with a face mapping, to help prescribe the right treatment for the skin and target the face zone by zone.

DERMO STEAM CLEANSE (15-20 mins) £14.00

Deep cleanse, exfoliation, steam, tone and moisturise.

EXPRESS DERMALOGICA FACIAL (30 mins) £28.50

To include a steam cleanse, prescriptive face mask or a relaxing face, neck and shoulder massage.

DERMALOGICA PRESCRIPTIVE FACIAL (60 mins) £41.00

An advanced relaxing facial that targets all skin concerns and treats them zone by zone.

MICRO ZONE (25 mins) £20.50

A Specialised treatment designed to target certain areas such as the eye or lip area, pigmentation, blackheads, breakouts or congestion on the neck/back area.

AGE SMART (60 mins) £42.00

A facial specially formulated to treat dry, premature aging skin using an hydroxy acid, to help refine and retexturise the skin.

ULTRA CALM (60 mins) £39.50

A calming and soothing facial, for the most sensitive skin leaving it calm and refreshed.

CLEAN START (30 mins) £24.00

To help teenagers understand their skin type, and give them advice on a skin care routine. Includes a cleanse, steam, exfoliation and mask.



SILHOUETTE DERMALIFT NON SURGICAL FACIAL

MICRO STANDARD (60 mins) £43.00

A complete workout for the face, focuses on creating a lift in the contours of the face by firming & toning the key facial muscles. Results- will reduce wrinkles, even out lines & leaves skin revitalised & rejuvenated.

MICRO LUXURY (75 mins) £55.00

A complete workout for the face, focuses on lifting the contours of the face by firming & toning the key facial muscles. Incorporates the AHA glycol peel/ live active masque, which removes dead skin cells & further penetrate the skin. Results- will reduce wrinkles, even out lines & leave the skin plumped & rejuvenated.

Course of six £250.00

Course of ten £410.00

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available for any treatment from our range.

Non surgical
face/body &
make up

PAMPER UNWIND REJUVENATE

NON SURGICAL EYE LIFT (30 mins) £29.00

The derma lift eye lift focuses on the eye & brow to lift & firm the key facial muscles. Treatment includes eye pads with micro-collagen & vitamin C. Results- restore tone, reduce fine lines & puffiness.

JOWL SCULPT 30 mins) £29.00

This treatment is specifically designed to target untoned muscles around the jawline. Results- Will leave jaw lifted, firm & redefine the contours of the face.

**ADVANCED DERMALIFT
LYMPHATIC ACTIVATION (A.D.L.A) (25 mins) £21.00**

(Can be added to any defmalift face treatment)
A.D.L.A treatment provides lymphatic drainage twice enabling better results as fluid is drained away from the muscles. Results-Reduction in dark circles, excess fluid & clear sinuses.

**SILHOUETTE NON SURGICAL
BODY TREATMENTS LIFT & FIRM (30 mins) £31.00**

This treatment uses specially designed bars for the lifting & contouring of specific problem areas, such as the thighs, buttocks, chest, waistline & bust. Results- Enhanced, reformed body shape.

BODY SMOOTH (30 mins) £31.00

This treatment uses specially designed massage rollers to break down & disperse cellulite & poor circulation conditions. Results- Smooth defined skin.

FARADIC BODY LIFT (45 mins) £37.00

This treatment will take the body through a full work out that will automatically stimulate the muscle groups & lymph points, whilst increasing blood circulation. This system can target specific areas such as the stomach, thighs & buttocks. Results- tightens & tones targeted areas.

MAKE-UP

CLEANSE & MAKE-UP (45 mins) £29.00

Deep cleanse, advice and make-up application.

WEDDING MAKE-UP (times vary) £80.00

To include a cleanse, make-up rehearsal and on the day.
(A call out charge may apply on location)

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PACKAGES

Please Note - When booking hen or pamper packages a deposit of 50% is required.

WEDDING PACKAGE £125.00

Wedding make-up (includes rehearsal), French manicure eyebrow shape and express facial. Can be altered to suit individual needs. (times vary)

HOLIDAY PACKAGE (2 hours) £51.00

Half leg wax, bikini and underarm wax, eyelash tint, eyebrow shape and nail tidy.

RELAXATION PACKAGE (90 mins) £65.00

Includes body exfoliation, back massage and express facial.

CANCELLATIONS

24 hours notice is required to avoid a cancellation fee.

CREDIBILITY

All our staff are trained and certified to a minimum of NVQ 3 and we carry full insurance (Please ask for details).

OPENING TIMES

Tuesday	9.00am - 6.00pm
Wednesday	9.00am - 5.00pm
Thursday	9.00am - 5.00pm
Friday	9.00am - 7.00pm
Saturday	9.00am - 4.00pm
Sunday	Closed
Monday	Closed

GIFT VOUCHERS

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64 High Street, Honiton, Devon, EX14 1PB